

BOWES AGRICULTURAL SOCIETY

10k Trail Race

Saturday, 11th September 2010

Start/Finish: The Parks, Home Farm, Gilmonby, Bowes,
Nr. Barnard Castle, Co. Durham. DL12 9LX



10k Trail Race (16yrs and over) Undulating course over tracks, paths and a short section of moorland in the beautiful landscape surrounding Bowes and the Greta Valley. Trophies for winners and other prizes. Start 1.30pm.

Trophies to be presented at the end of the race

Entry Fee: Pre-entered £6 including entry onto the Show field
On Show day £5 entry onto the field + £2 trail race entry payable at the Secretary's marquee

Parts of these courses cross private land where access has been granted for Show Day only. Do not assume rights of way at any other time.

Entries To: Mrs. M. Cooper, Greta Farm, Gilmonby, Bowes, Barnard Castle, Co. Durham. DL12 9LT;
Tel. No. 01833 628342

Advance entries close Wednesday, 1st September 2010

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First Name Surname

Address

Postcode Tel. Contact

Age on Race Day Sex M/F Local Yes/No
(Local is defined as competitors residing in the parishes of Bowes or Gilmonby)

UK Athletics Club (if any)

I declare that I am an amateur according to UK athletics laws. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for any damage to or loss of property.

I understand that photographs may be taken during this event that may include images of this participant and I hereby give my consent.

Signature (of parent/guardian if U18) Date

Please enclose SAE for tickets and make cheques payable to 'Bowes Agricultural Society'

Entries taken at Head Secretary's marquee until 1pm on Show Day

Bowes Show Website: www.bowesshow.org.uk